



Two ways to get a Reality Check

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What is NCcareers?

- Managed by LEAD – source of NC’s LMI
- Goal: make high-quality career exploration freely available to all & portable through education & workforce
- Provide data / resources so people learn about themselves, occupations, career paths, educational options, jobs
- Flexible to adjust to new initiatives, data, research
- Over 500K unique users in 2024 and nearly 2m since launch. National award winning

Governance Partners



NC DEPARTMENT
of COMMERCE
LABOR & ECONOMIC
ANALYSIS



NORTH CAROLINA
INDEPENDENT
COLLEGES & UNIVERSITIES



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES



Advisory Partners



Features

- Six assessments & activities
 - Skills, Values, Personality, & Interests



Features

- Six assessments
 - Skills, Values, Personality, & Interests
- Statewide and regional wages & demand on 800+ occupations

Occupations

Type in Occupation Name or Job Title

Search for an occupation from more than 800 job titles or browse the fastest growing jobs in North Carolina. Filter and sort results by: location, career cluster, star rating (a composite rating of occupations computed by LEAD), salary range, education level, interests and/or abilities.

Filters: 4/1 Clear Filter(s) 823 matching occupations found

Map / Location	Sort By	View Options	Filters	Median Annual Wage	Annual Growth Rate	Avg. Annual Openings
North Carolina						
Salary Range						
Star Rating						
Education Level						
Career Cluster						
Abilities						

<p>Nurse Practitioners ★★★★★ Master's degree</p>	<p>\$111,140 (\$53.44/hr)</p>	<p>FAST GROWING Very Strong Growth 4.3%</p>	<p>LOTS OF JOBS Very Strong Opportunity 877</p>
<p>Physical Therapist Assistants ★★★★★ Associate's degree</p>	<p>\$61,340 (\$29.49/hr)</p>	<p>FAST GROWING Very Strong Growth 2.9%</p>	<p>Strong Opportunity 563</p>
<p>Logisticians ★★★★★ Bachelor's degree</p>	<p>\$68,410 (\$32.89/hr)</p>	<p>FAST GROWING Very Strong Growth 3.5%</p>	<p>LOTS OF JOBS Very Strong Opportunity 969</p>

Paralegals and Legal Assistants ★★★★★

Hickory

Levy, Public Safety, Corrections and Security

Annual Salary (Wages)

Lower End Wage (10th Percentile): \$26,487 (\$12.74/hr)
 Middle Wage (50th Percentile): \$49,565 (\$23.77/hr)
 Higher End Wage (90th Percentile): \$77,234 (\$37.22/hr)

Ratings

Wage (3/5) Job Openings (5/5) Job Growth Rate (5/5) Experience Level (5/5)

Common Job Titles

- Certified Paralegal
- Contract Preparer

Similar Occupations

- Human Resources Assistants
- Claims Adjusters, Examiners, and Investigators

Occupation Code

220211 - Paralegals and Legal Assistants

Pathway

Legal Services

NCOPCI Career Pathways

Identify the High School Classes that can help start preparing you for a chosen career.

[Find classes](#)

What do they typically do

- Investigate the facts of a case
- Conduct research on relevant laws, regulations, and legal articles
- Organize and maintain documents in paper or electronic filing systems
- Gather and arrange evidence and other legal documents for the attorney's review and case preparation
- Write reports to help lawyers prepare for trials
- Draft correspondence and legal documents, such as contracts and mortgages
- See affidavits and other formal statements that may be used as evidence in court
- Help lawyers during trials by handling exhibits, taking notes, or relaying trial transcripts

Number of Jobs

Average Annual Job Growth +1.5%
 Job Opening 28

Education & Training

Education: Most occupations require training in vocational schools, related on-the-job experience, or an associate's degree.

Associated Programs or Majors: Paralegal Technology, License, Certified Paralegal, Private Training Programs

Job Listings

Select a region/location in North Carolina to begin your search.

[View available jobs](#)

First Step

Find out where to start your main journey.

[Get started](#)

Next Step

Find out what's next in line on your career journey.

[Get started](#)

Work Place

Paralegals do most of their work in offices and law firms. Occasionally they travel to gather information and do other tasks. Most paralegals and legal assistants work full time.

Top Skills & Abilities

Writing things for co-workers or customers
 Listening to others, not interrupting, and asking good questions
 Reading work-related materials

[More](#)

Knowledge/Specialties

- Clerical
- Computers and Electronics
- Customer and Personal Service
- English Language
- Law and Government

Experience

Previous work-related skill, knowledge, or experience is required.

Training

Usually one or two years of training including both on-the-job experience and informal training with experienced workers - an apprenticeship may be available.

Interests

- Conventional
- Enterprising
- Investigative

Video: Paralegals and Legal Assistants

Video provided CareerOnJob. CareerOnJob is organized by the U.S. Department of Labor, Employment and Training Administration and the Minnesota Department of Employment and Economic Development.

Features

- Six assessments
 - Skills, Values, Personality, & Interests
- Statewide and regional wages & demand
- User identified career journeys

Career Journey Builder

YOUR JOURNEY OVERVIEW | COMPARE OCCUPATIONS Save | Start Over | Previous

Registered Nurses (You are here.) → **Next Step**

Occupation	Rating	Education	Median Annual Wage	Annual Growth Rate	Avg. Annual Openings
Registered Nurses	★★★★★	Associate's degree	\$76,430 (\$36.75/hr)	Strong Growth 1.0%	Very Strong Opportunity 8,221
Choose your next step from the list below.					
Nurse Practitioners	★★★★★	Master's degree	\$111,140 (\$53.44/hr)	Very Strong Growth 4.3%	Very Strong Opportunity 877
Data Scientists	★★★★★	Bachelor's degree	\$121,970 (\$58.64/hr)	Very Strong Growth 3.9%	Strong Opportunity 720
Physician Assistants	★★★★★	Master's degree	\$121,980 (\$58.64/hr)	Very Strong Growth 2.8%	Strong Opportunity 624
Genetic Counselors	★★★★★	Master's degree	\$85,170 (\$40.95/hr)	Very Strong Growth 2.0%	Rare Opportunity 9
Computer Systems Analysts	★★★★★	Bachelor's degree	\$99,280 (\$47.73/hr)	Very Strong Growth 1.5%	Very Strong Opportunity 2,301

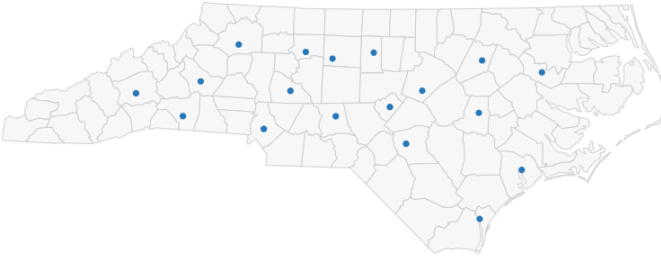
Features

- Six assessments
 - Skills, Values, Personality, & Interests
- Statewide and regional wages & demand
- User identified career journeys
- Occupations linked to NC Higher Ed


Dental Assisting/Assistant

18 out of 110 Colleges/Universities offer this program/degree

- Public Universities 16
- Independent Colleges/Universities 56
- NC Community College System 58



- Asheville-Buncombe Technical Community College
- Cape Fear Community College
- Central Carolina Community College
- Central Piedmont Community College
- Coastal Carolina Community College
- Fayetteville Technical Community College
- Forsyth Technical Community College
- Guilford Technical Community College
- Isothermal Community College
- Martin Community College
- Montgomery Community College
- Nash Community College
- Rowan-Cabarrus Community College
- Alamance Community College
- Wake Technical Community College

Guilford Technical Community College 

City: Jamestown School URL: <http://www.gtcc.edu/>

Type (two-year, four-year, public, private): 2 Year (Public) **CFNC College Profile**
<https://www2.cfnc.org/#/institutions/6534/campusProfile>

Features

- Six assessments
 - Skills, Values, Personality, &
- Statewide & regional wages
- User identified career journey
- Occupations linked to NC H
- Explore job postings

☰ Current Job Listings

Search for current job openings by Occupation Name and Location



Job Type



Occupation

Type in Occupation Name or Job Title

Search Type

- Region
 City
 County
 Zip Code

Location

SEARCH



Features


- Six assessments
 - Skills, Values, Personality, & Interests
- Statewide & regional wages & demand on 800+ occupations
- User identified career journey
- Occupations linked to NC
- Explore job postings
- Connect through CFNC
 - Reporting via ProTools

The screenshot shows the 'Career Clusters Match' page on the NCcareers.org website. The page displays search results for four users: Anson, Madeline; Bauer, Aaron; Charleton, Rachel; and Cleverson, Pat. Each user's profile includes their name, date completed, and a list of career clusters and pathways with associated scores. Three orange callout boxes highlight specific features: 1. A search bar at the top with the text '1. Search based on First Name, Last Name, or Date Completed.' 2. An 'Export' button in the top right corner with the text '2. Export to Excel spreadsheet.' 3. A callout pointing to the cluster and pathway names for Anson, Madeline with the text '3. Click on cluster and pathway names to view related careers on NCcareers.org.'


User	Date Completed	Cluster 1	Pathway 1	Pathway 2	Score
Anson, Madeline	9/13/2021	Marketing	Marketing Communications	Management	5
Bauer, Aaron	9/13/2021	Architecture and Construction	Maintenance/Operations	Construction	5
Charleton, Rachel	8/30/2021	Health Science	Support Services	Therapeutic Services	12
Cleverson, Pat	9/2/2021	Information Technology	Network Systems	Information Support Services	9

Explore Our Assessments


Our self-assessment tools will help you refine your searches, clarify your goals, and discover the best path to achieve them.




Money




REALITY CHECK




INTEREST FINDER




CAREER CLUSTER MATCH




WORK VALUES SORTER




SKILLS MATCHER



BE YOUR OWN BOSS



The laptop screen shows a 'Housing' assessment interface. It includes a 'Total Monthly Cost' of \$2,890 and three options: 'Own my own home', 'Rent affordable home', and 'Live with parents or friends'. A 'NEXT' button is visible at the bottom of the options.



REALITY CHECK

⚡ Don't forget to [sign in or create an account](#) if you want to save your results. Psst! It's free!

ImageSaved results will be included in your [Career Plan](#). Make sure you are [signed in](#) to use this feature!

Select an option below:

Lifestyle Reality Check

Determine the lifestyle you want to lead and how much it will cost you. Use these results to find occupations that may support that lifestyle.

[Get Started!](#)

Budget Reality Check NEW

If you already know how much money will be making, start here to see if your salary will support the lifestyle you want to lead.

[Get Started!](#)



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ImageSaved results will be included in your [Career Plan](#). Make sure you are [signed in](#) to use this feature!

Select an option below:

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[Get Started!](#)

Why did we add a new Reality Check?

- Partner Requests
- Two ways to focus
 - Filter to Occupations
 - Help understand budgeting

Where do you want to live?



Choose by entering a city, county, or zip code:

winston

Winston Salem, Forsyth County

OR



Choose by clicking on a location or area on the map:



CONTINUE

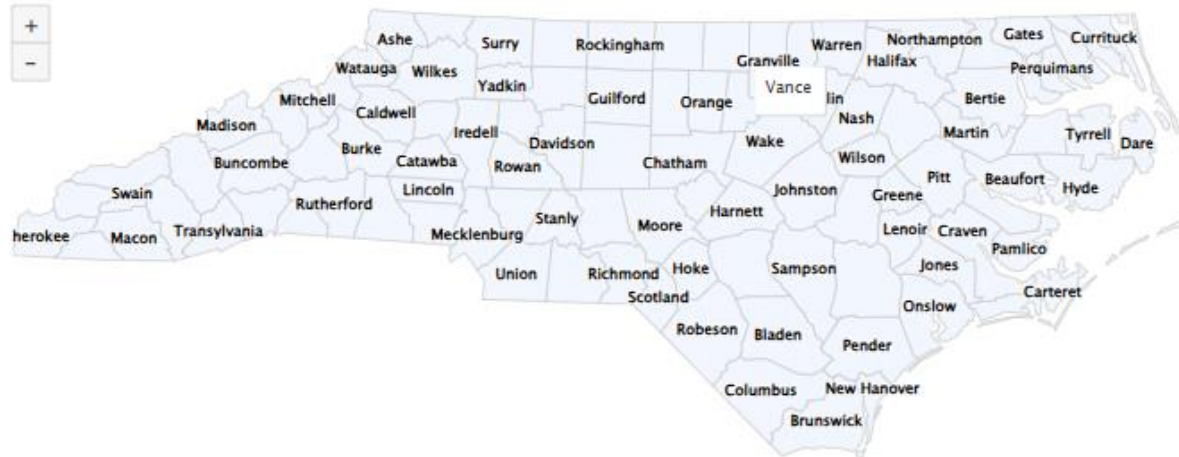
Where do you want to live?

Choose by entering a city, county, or zip code:

Winston Salem, Forsyth County

OR

Choose by clicking on a location or area on the map:




Your yearly salary

We'll calculate your monthly budget based on what you enter below.



OR

CONTINUE

Your yearly salary

We'll calculate your monthly budget based on what you enter below.



38,000

OR

Type in Occupation Name or Job Title



CONTINUE



Forsyth | Edit

Single/No Kids | Edit

\$3,167
Remaining Monthly Budget
Monthly budget is based on \$38,000/YR salary.

Housing

Utilities

Transportation

Food

Clothes

Entertainment

Personal

Healthcare

Education

Miscellaneous


Saving

Taxes

Housing | \$ /Month

What kind of place will you live in? Click on the statement below that best describes you or, if you know how much your housing will cost each month, enter that amount in the Monthly Cost box below.

Own my own home
(house, townhouse, condo)




Own low cost home

Rent
(apartment, townhome, house)



Rent affordable home

Live with parents or friends



Live with parents or friends

NEXT

Forsyth | Edit
Single/No Kids | Edit

\$1,017
Remaining Monthly Budget
Monthly budget is based on \$38,000/YR salary.

Housing \$1,900

- Utilities
- Transportation
- Food
- Clothes
- Entertainment
- Personal
- Healthcare
- Education
- Miscellaneous
- Saving
- Taxes \$250

Housing | \$ **1,900** /Month

What kind of place will you live in? Click on the statement below that best describes you or, if you know how much your housing will cost each month, enter that amount in the Monthly Cost box below.

Own my own home
(house, townhouse, condo)



Own premium home



Rent
(apartment, townhome, house)



Rent affordable home

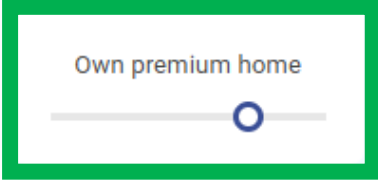
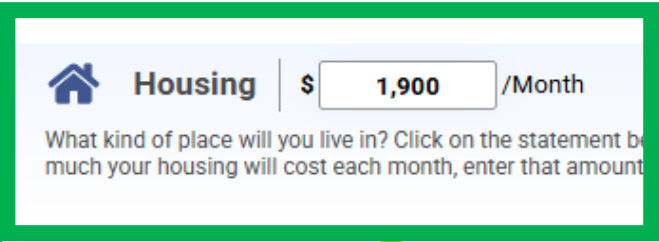
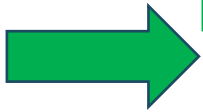


Live with parents or friends



Live with parents or friends

NEXT



Forsyth | Edit

Single/No Kids | Edit

\$502

Remaining Monthly Budget

Monthly budget is based on
\$38,000/YR salary.

Housing \$1,900

→ Utilities **\$375**

Transportation

Food

Clothes

Entertainment

Personal

Healthcare

Education

Miscellaneous

Saving

Taxes \$390



Utilities

\$ /Month

What home services will you need? Click on the statement below that best describes you or, if you know how much your utilities will cost each month, enter that amount in the Monthly Cost box below.



Water & Electricity

Costs include water, garbage/sewer/septic, gas, electricity.

\$



Cell phone service

Average phone expenses (including phone cost and plan).

\$



House phone



Internet

Monthly access costs only, excluding website subscription services



Cable/Satellite TV

Average total costs for cable/satellite service, including pay-per-view.

BACK

NEXT

Forsyth | Edit

Single, No Kids | Earn

-\$858

Remaining Monthly Budget

Monthly budget is based on
\$38,000/YR salary.

Housing \$1,900

Utilities \$375

→ Transportation \$1,090

Food

Clothes

Entertainment

Personal

Healthcare

Education

Miscellaneous

Saving

Taxes \$660



Transportation

\$ 1,090 /Month

How will you get around? Click on the statement below that best describes you or, if you know how much your monthly cost is, enter it in the Monthly Cost box below.

Buy a new or used car with a car loan



Premium car with payment



Use a car that's already paid for



Use a car that's already paid for

Walk, bike, public transportation



Walk, bike, public transportation

BACK

NEXT

Forsyth | Edit

\$32

Remaining Monthly Budget

Monthly budget is based on
\$38,000/YR salary.

Housing \$1,900

Utilities \$375

→ Transportation \$370

Food

Clothes

Entertainment

Personal

Healthcare

Education

Miscellaneous

Saving

Taxes \$490



Transportation

\$ /Month

How will you get around? Click on the statement below that best describes you or, if you know how much your transportation will cost each month, enter that amount in the Monthly Cost box below.

Buy a new or used car with a car loan



Low cost car with payment

Use a car that's already paid for



Use a car that's already paid for

Walk, bike, public transportation



Walk, bike, public transportation

BACK

NEXT



Food

\$

295

/Month

How expensive are your tastes? Click on the statement below that best describes you or, if you know how much your food will cost each month, enter that amount in the Monthly Cost box below.



I eat like the average person





Food

\$

295

/Month

How expensive
much you



Clothes

\$

70

/Month

How much do you value what you wear? Click on the statement below that best describes you or, if you know how much your clothes will cost each month, enter that amount in the Monthly Cost box below.



I have average tastes
and expenses





Food

\$

295

/Month

How expensive
much you



Clothes

\$

70

/Month

How much
how much



Entertainment

\$

125

/Month

How much do you want to have to spend on gadgets and entertainment? Click on the statement below that best describes you or, if you know how much your gadgets and entertainment will cost each month, enter that amount in the Monthly Cost box below.



I like to go out a lot and
have lots of stuff





Food

\$ /Month

How expensive
much you



Clothes

\$ /Month

How much
how much



Entertainment

\$ /Month

How much c
best describ
that amount



Personal

\$ /Month

How much do you want to have to spend on personal items and household goods? Click on the statement below that best describes you or, if you know how much your personal items will cost each month, enter that amount in the Monthly Cost box below.



I'm thrifty.





Food

\$ /Month

How expensive is it for you?



Clothes

\$ /Month

How much do you spend on entertainment?



Entertainment

\$ /Month

How much do you spend on personal items and household goods?



Personal

\$ /Month

How much do you want to have to spend on personal items and household goods? Click on the statement below that best describes you or, if you know how much your health care will cost each month, enter that amount in the Monthly Cost box below.



Healthcare

\$ /Month

How much will you have to pay for health and medical expenses? Click on the statement below that best describes you or, if you know how much your health care will cost each month, enter that amount in the Monthly Cost box below.



Health Insurance

Includes the average monthly insurance expenses for individuals (not counting employer contributions).

\$



Medical Expenses

Includes costs for doctor visits, drugs, and other medical supplies including co-pays and deductibles



Food

\$ /Month

How expensive is it for you?



Clothes

\$ /Month

How much do you expect to spend on entertainment each month?



Entertainment

\$ /Month

How much do you expect to spend on personal items and household goods each month?



Personal

\$ /Month

How much do you expect to spend on healthcare each month? Click on the statement below that best describes you or, if you know how much your healthcare costs will be each month, enter that amount in the Monthly Cost box below.



Healthcare

\$ /Month

How much do you expect to spend on education each month?



Education

\$ /Month

Do you expect to have student loans to repay? Click on the statement below that best describes you or, if you know how much your student loans will cost each month, enter that amount in the Monthly Cost box below.



I do not plan on having any student loan debt



I will have student loan debt.

This cost could range from \$0 to over \$300/month per adult depending on how much is borrowed.



Food

\$ /Month

How expensive is it?



Clothes

\$ /Month

How much do you spend on it?



Entertainment

\$ /Month

How much do you spend on it?



Personal

\$ /Month

How much do you want to have to spend on personal items and household items below that amount in the next 12 months?



Healthcare

\$ /Month

How much do you expect to spend on education in the next 12 months?



Education

\$

Do you expect to have student loans to repay? If so, how much do you expect to spend on student loans in the next 12 months?



I do not plan on having student loans



I will have student loans. This cost could range from \$0 to \$400 per month, depending on how much I expect to spend on student loans in the next 12 months.



Miscellaneous

\$ /Month

Do you plan to have pets or children? Select and if your amount is different from the amount shown, enter it in the Monthly Cost box below



Child Care

Monthly day care expenses can cost over \$750/month for one infant. A household containing one or more children should be selected at the top of the screen. Adjust the number if your expected expenses are higher or lower.



Travel

Monthly estimate for occasional travel and vacations. Adjust the number if your expected expenses are higher or lower.



Pets

Pet expenses includes average monthly expenses for food, toys, vet visits, medicines, and any boarding/care services.

\$



Credit card debt


Do you have credit card debt?


\$



Other expenses

Do you expect to have any other costs not captured so far? Enter any monthly expenses you'd like to account for that haven't been included thus far.

 Forsyth | [Edit](#)

 Single/No Kids | [Edit](#)


-\$1,876

Remaining Monthly Budget

Monthly budget is based on \$38,000/YR salary.

 Housing **\$1,900**

 Utilities **\$375**


 Transportation **\$370**


 Food **\$285**


 Clothes **\$70**


 Entertainment **\$125**

 Personal **\$125**

 Healthcare **\$135**

 Education **\$400**

 Miscellaneous **\$180**


  Saving **\$198**


 Taxes **\$880**




Savings | \$ /Month

What percent of your paycheck do you plan on saving each month for big purchases, emergencies, and retirement? Click on the statement below that best describes you or, if you know how much your savings will be each month, enter that amount in the Monthly Cost box below.





5%



[BACK](#)

[NEXT](#)

Forsyth | Edit

Single/No Kids | Edit

-\$1,876

Remaining Monthly Budget

Monthly budget is based on
\$38,000/YR salary.

Utilities \$375

Transportation \$370

Food \$285

Clothes \$70

Entertainment \$125

Personal \$125

Healthcare \$135

Education \$400

Miscellaneous \$180

Saving \$198

→ Taxes \$880



Taxes

\$ 880 /Month

Enjoy traveling on interstates and state highways? Appreciate police officers or EMTs showing up when you have an emergency? What about those water and sewer pipes? Most of us groan about taxes, but they do pay for essential resources and services in our communities. This item estimates your income-based tax payments and shows why your take-home pay looks different from your gross income.



Federal income tax

This tax pays for national defense, public health services and research, national debt, veterans' benefits and other resources for the public good.

\$ 360



Social security

Your contribution provides income and health insurance for people who have retired, have disabilities or are poor.

\$ 290



Medicare

You provide support for the federal government's health insurance program for people who are 65 years old and older.

\$ 70



State income tax

Your state income tax helps pay for North Carolina's systems of education, health care, highways, and other shared resources.

\$ 160

My Household Expense Contribution (100%)



Forsyth | Edit Single/No Kids | Edit

-\$1,876

Remaining Monthly Budget

Monthly budget is based on \$38,000/YR salary.

Minimum Household Income

\$60,516/Year

My Household Expense Contribution (%)

My Minimum annual salary
\$60,516/Year

Money From Others
\$0/Year



FIND OCCUPATIONS

RETAKE

PRINT/SAVE

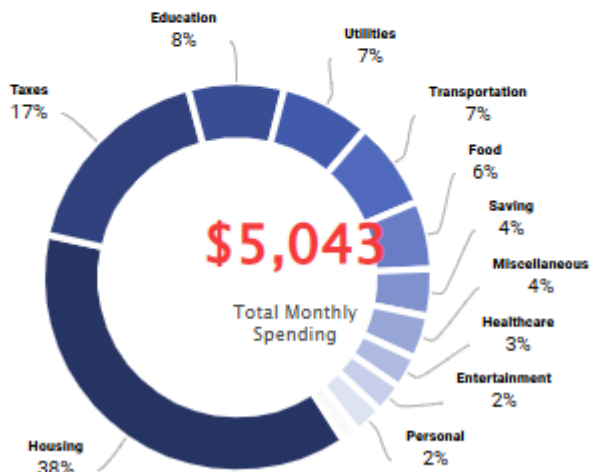
Summary

You created a budget where you take home **\$3,167** a month, and budgeted **\$5,043** towards expenses. This will leave you **-\$1,876** a month.

Monthly Earnings Spending Remaining Balance

\$3,167 - \$5,043 = -\$1,876

Monthly Spending by Category



	Housing Own premium home	\$1,900
	Utilities Water & Electricity Cell phone service	\$375
	Transportation Low cost car with payment	\$370
	Food I eat like the average person	\$285
	Clothes I have average tastes and expenses	\$70
	Entertainment I like to go out a lot and have lots of stuff	\$125
	Personal I'm thrifty.	\$125
	Healthcare Health Insurance	\$135
	Education I will have student loan debt.	\$400
	Miscellaneous Pets Credit card debt	\$180
	Saving 5%	\$198
	Taxes Federal income tax Social security Medicare State income tax	\$880

Account Creation

Multiple ways to sign in. Use your CFNC account, NCEdCloud account or NCWorks account to sign into NCcareers.org



Choose this to sign in using your CFNC account or to create a new account. You will be redirected to CFNC to sign in.



Choose this to sign in using your NCEdCloud account or to create a new account. You will be redirected to NCEdCloud to sign in.



Choose this to sign in using your NCWorks account.

- Use current CFNC, NCWorks or NCEdCloud credentials
- Not required for access!
- Free for all users
- Save
 - Assessment Results
 - Career Development Plans
 - Favorite Occupations and more!



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