DREAM IT. PLAN IT. BE IT.
NCcareers.org

Career Exploration in Action: Using NCcareers.org



QuickStart Your Career!

Answer a few quick questions, and Quickstart will help you find the perfect career path tailored to your strengths and interests.



Tools to help you find the path that's right for you.

Our self-assessment tools will help you refine your searches, clarify your goals, and discover the best path to achieve them. **Click on one to get started.**

- Money — REALITY CHECK
- Personality — INTEREST FINDER
- Interests — CAREER CLUSTER MATCH
- TestDrive — QUICK START
- Values — WORK VALUES SORTER
- Skills — SKILLS MATCHER

NEW WEBINAR SERIES

Get to know NCcareers! Join us for our first webinar on March 10.

Learn More & Register

EXPLORE OCCUPATIONS

Search Occupations

Web and Digital Interface Designers



Industrial Engineers



Telecommunications Equipment Installers and...



Substance Abuse, Behavioral Disorder, and Mental Health...



NCcareers.org DREAM IT. PLAN IT. BE IT.

What is NCcareers?

- **Owned by NC, managed by LEAD –** *source of NC's LMI*
- **Goal - Make high-quality career exploration:**
  - Freely available and accessible to all
  - Portable through education and workforce
- **Nationally recognized and award winning**
- **More than 1 million NC-based users annually**

Governance Partners

NC Department of Commerce – Labor & Economic Analysis

CFNC – College for North Carolina

NC Community Colleges – Creating Success

North Carolina Department of Public Instruction

NC works

The UNC System

North Carolina Independent Colleges & Universities

NC Department of Health and Human Services

NCBCE – Invest • Inspire • Innovate

Advisory Partners

myFNC

North Carolina Association of workforce development boards

NC works Commission

NCcareers.org DREAM IT PLAN IT BE IT

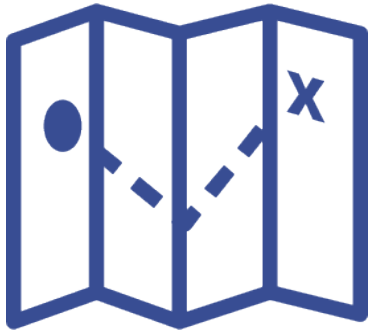
Career Exploration & Planning on NCcareers



Find My Interests



Explore Occupations



Plan My Career



Education & Training



Job Search

Features

- Seven assessments & activities
  - Skills, Values, Personality, & Interests









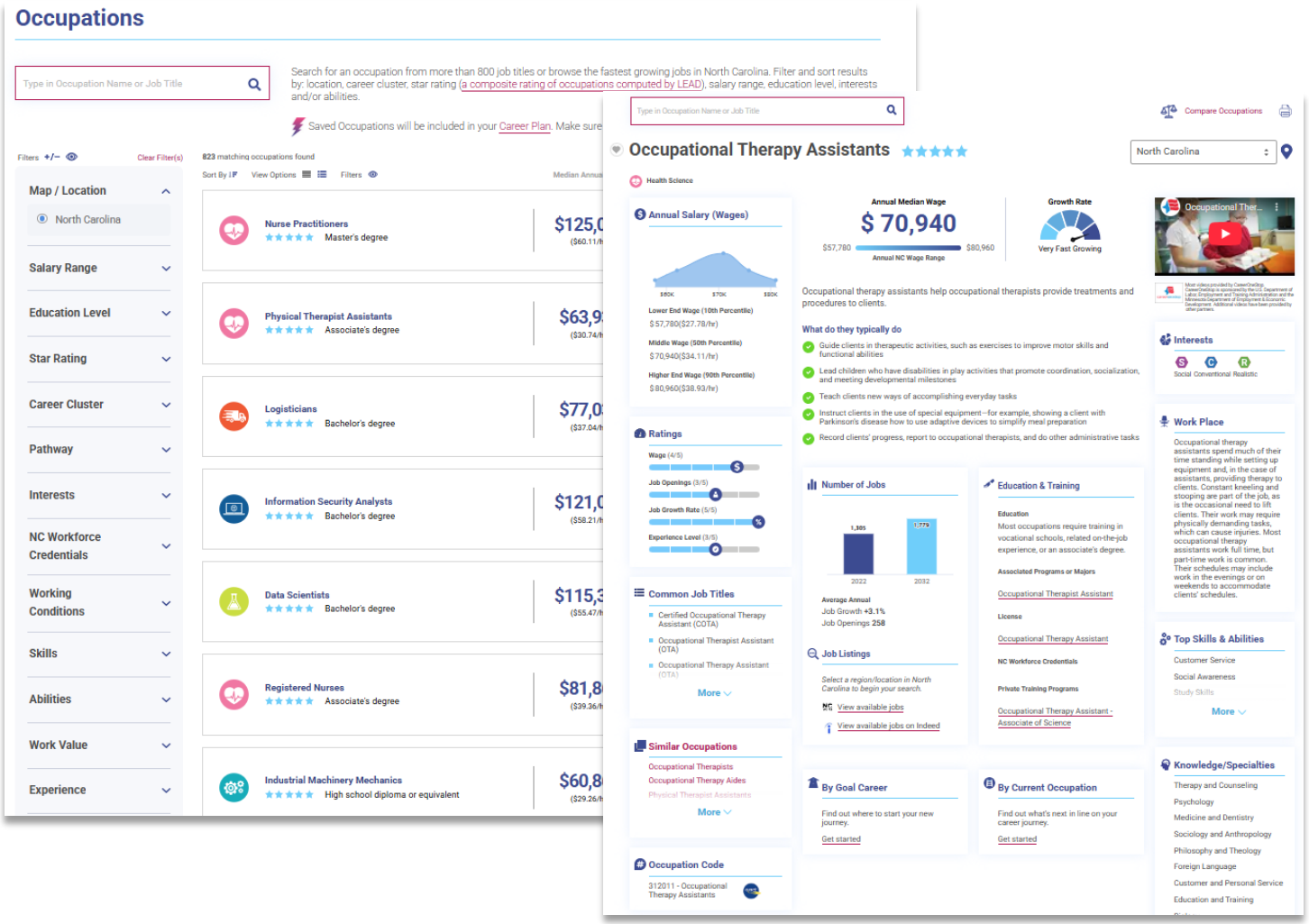






Features

- Seven assessments
  - Skills, Values, Personality, & Interests
- Statewide/regional wages & demand on 800+ occupations



NCcareers.org DREAM IT. PLAN IT. BE IT.

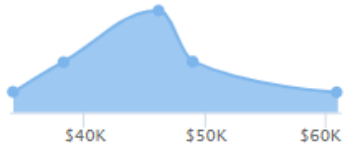
Dental Assistants have many tasks, including patient care, recordkeeping, and appointment scheduling. Their duties vary by state and by the dentists' offices in which they work.

What do they typically do

- Ensure that patients are comfortable in the dental chair
- Prepare patients and the work area for treatments and procedures
- Sterilize dental instruments
- Hand instruments to dentists during procedures
- Dry patients' mouths using suction hoses and other equipment
- Instruct patients in proper oral hygiene
- Process x rays and complete lab tasks, under the direction of a dentist
- Keep records of dental treatments
- Schedule patient appointments
- Work with patients on billing and payment

Learn about the Occupation

Annual Salary (Wages)



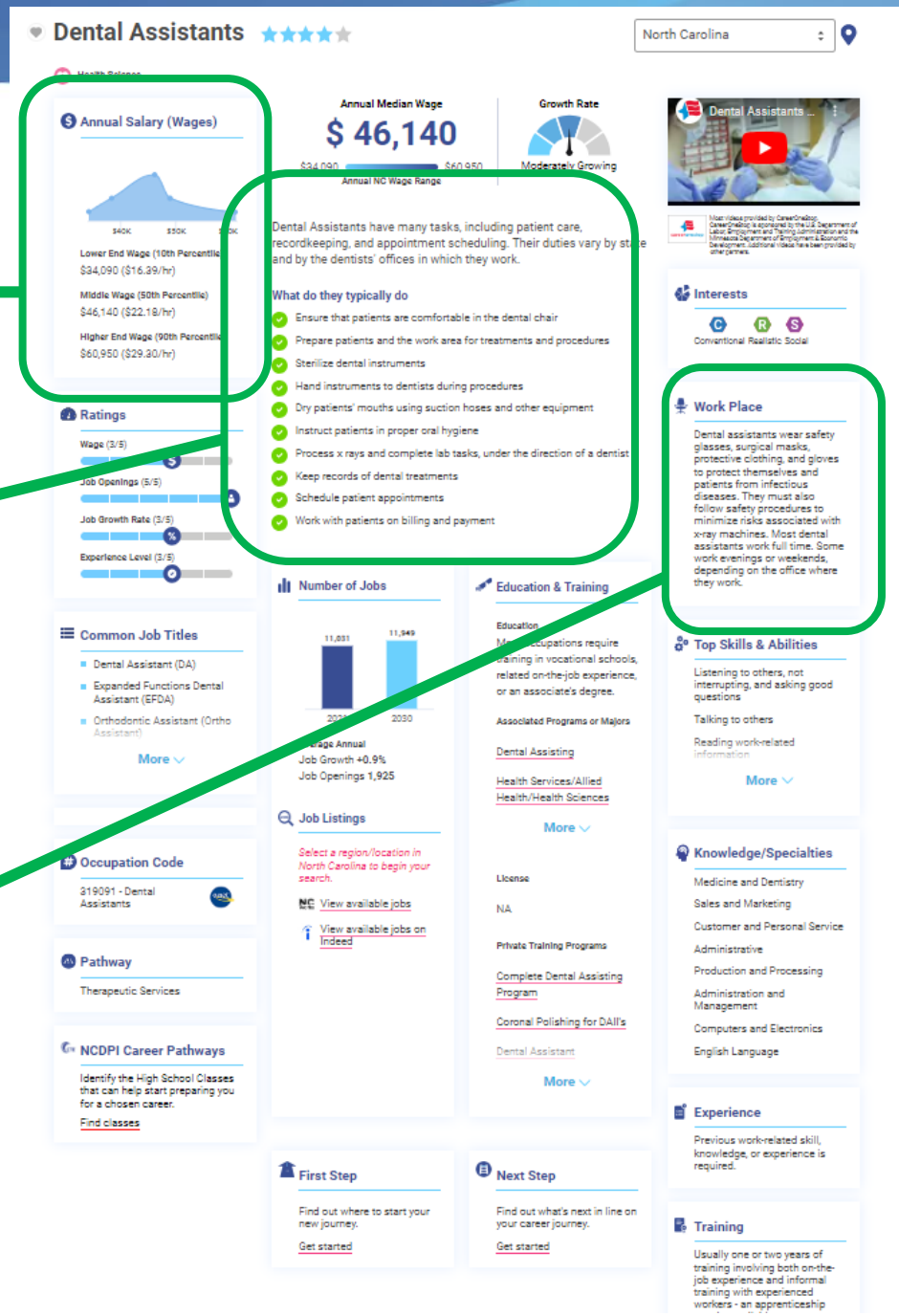
Lower End Wage (10th Percentile)
$34,090 ($16.39/hr)

Middle Wage (50th Percentile)
$46,140 ($22.18/hr)

Higher End Wage (90th Percentile)
$60,950 ($29.30/hr)

Work Place

Dental assistants wear safety glasses, surgical masks, protective clothing, and gloves to protect themselves and patients from infectious diseases. They must also follow safety procedures to minimize risks associated with x-ray machines. Most dental assistants work full time. Some work evenings or weekends, depending on the office where they work.



NCcareers.org DREAM IT. PLAN IT. BE IT.

Dental Assistants

Ratings

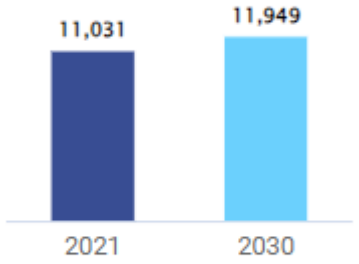
Wage (3/5)

Job Openings (5/5)

Job Growth Rate (3/5)

Experience Level (3/5)

Number of Jobs

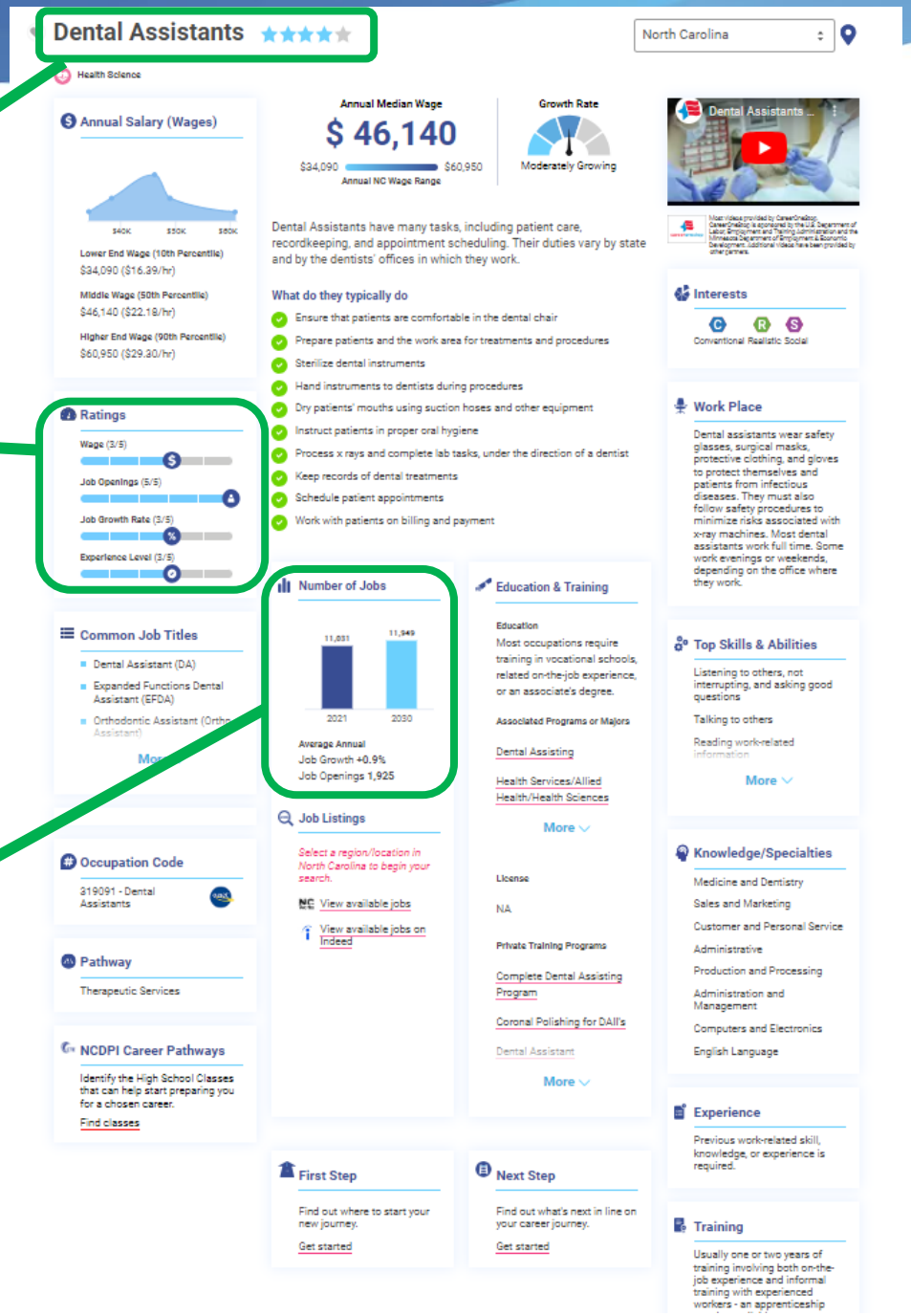


Average Annual

Job Growth **+0.9%**

Job Openings **1,925**

Good opportunity?



NCcareers.org DREAM IT. PLAN IT. BE IT.

Where to get training?

Education & Training

Education

Most occupations require training in vocational schools, related on-the-job experience, or an associate's degree.

Associated Programs or Majors

Dental Assisting

Health Services/Allied Health/Health Sciences

More

License

NA

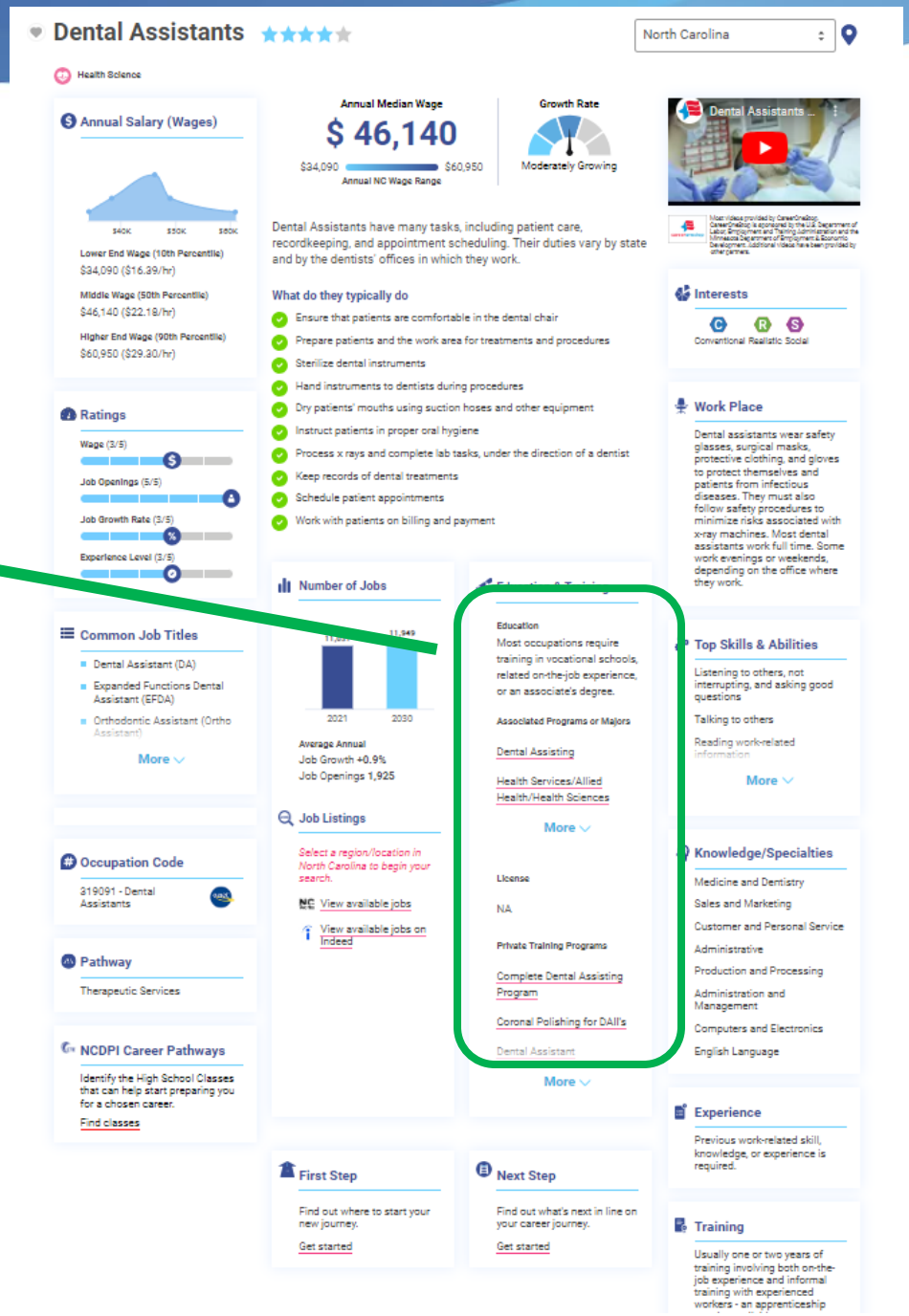
Private Training Programs

Complete Dental Assisting Program

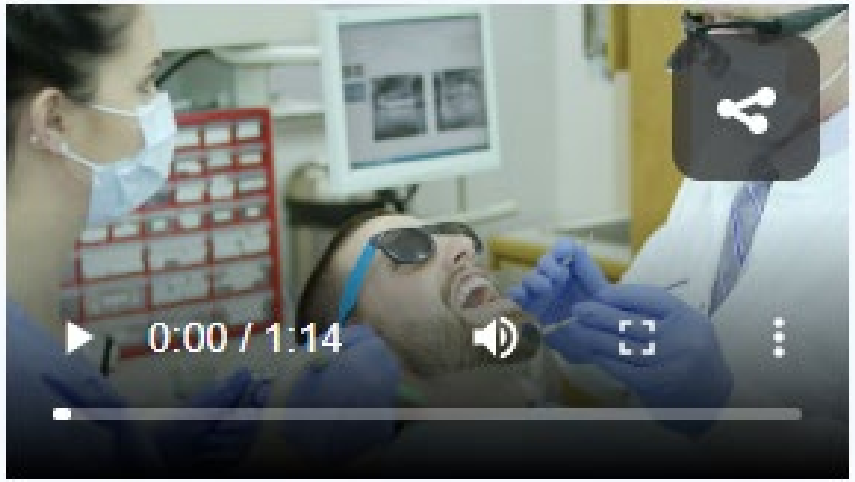
Coronal Polishing for DAII's

Dental Assistant

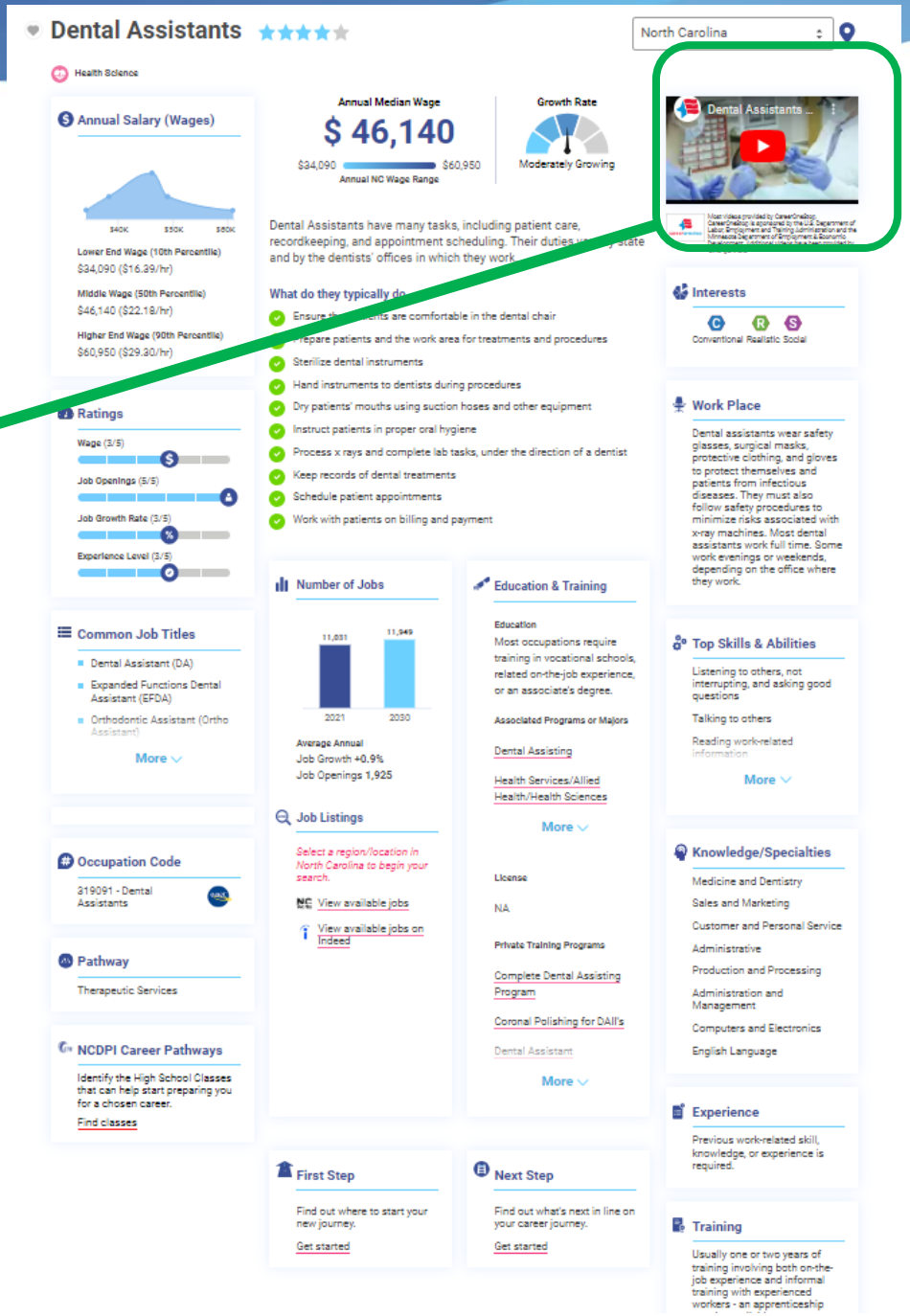
More



NCcareers.org DREAM IT PLAN IT BE IT



Video provided by CareerOneStop. CareerOneStop is sponsored by the U.S. Department of Labour, Employment and Training Administration and the Minnesota Department of Employment & Economic Development.

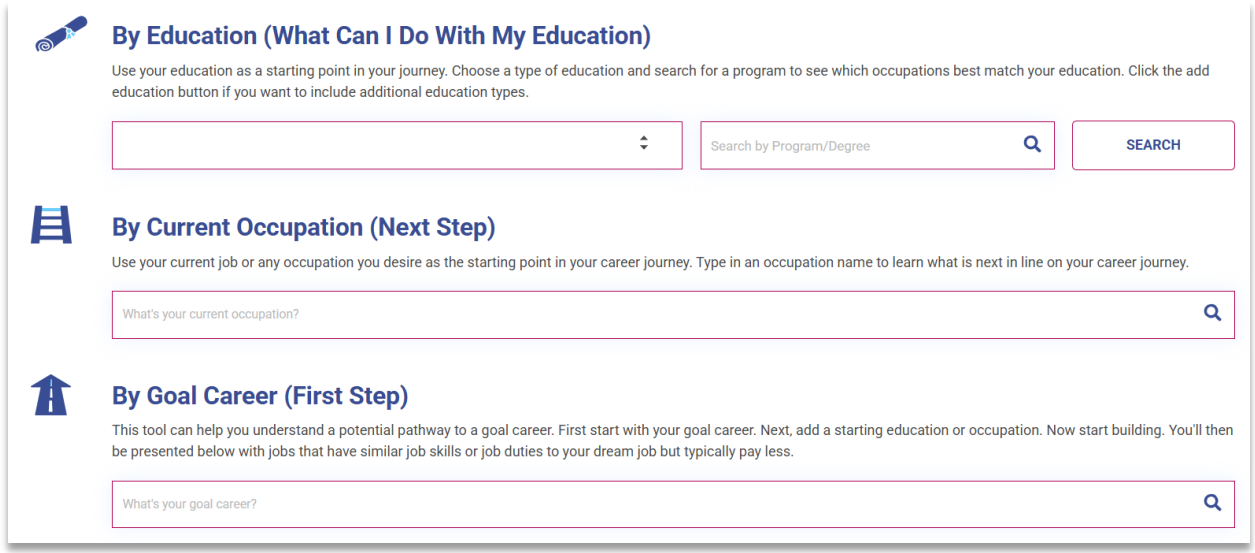


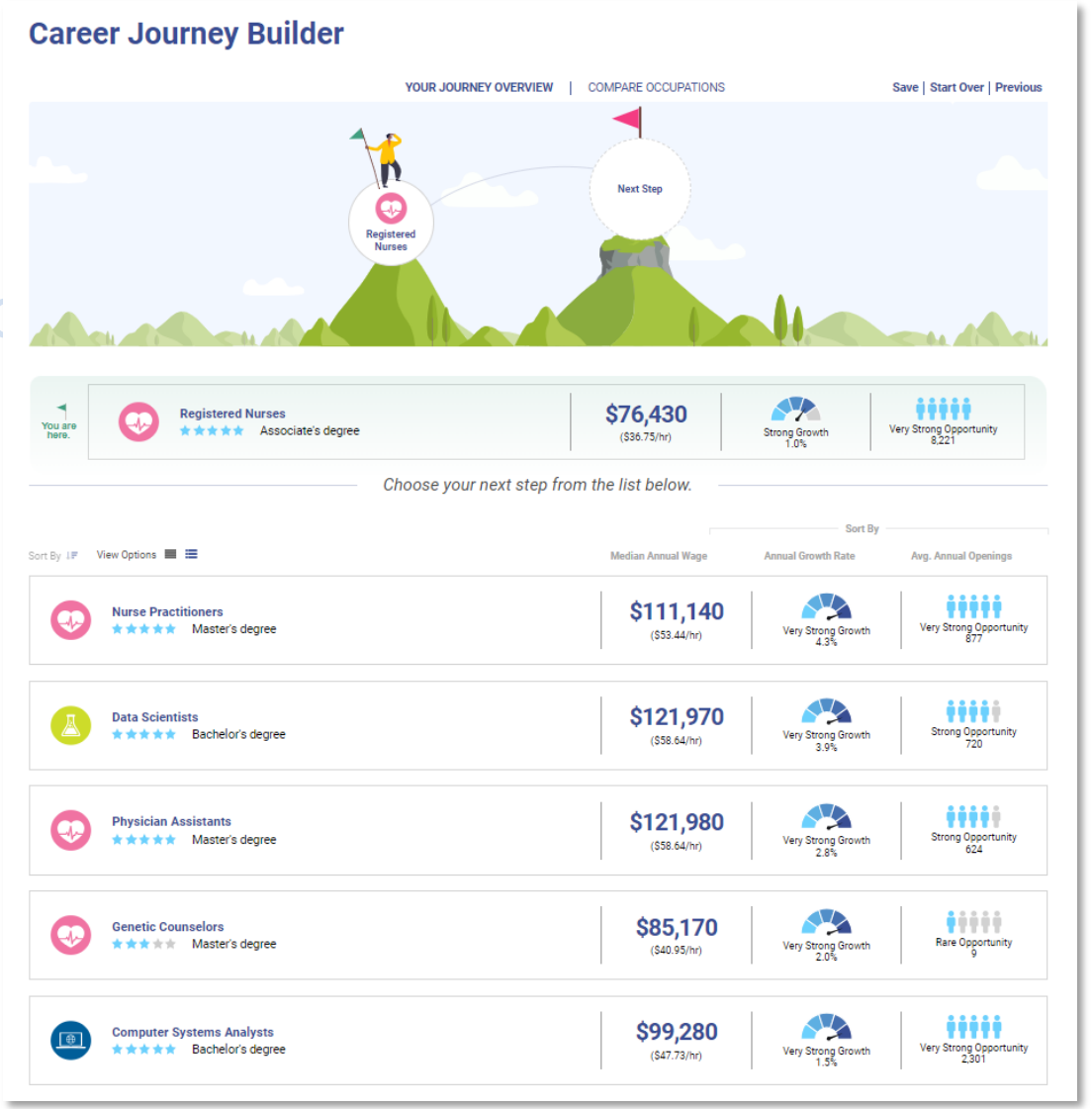
Learn more quickly…

NC DREAM IT PLAN IT BE IT careers.org

Features

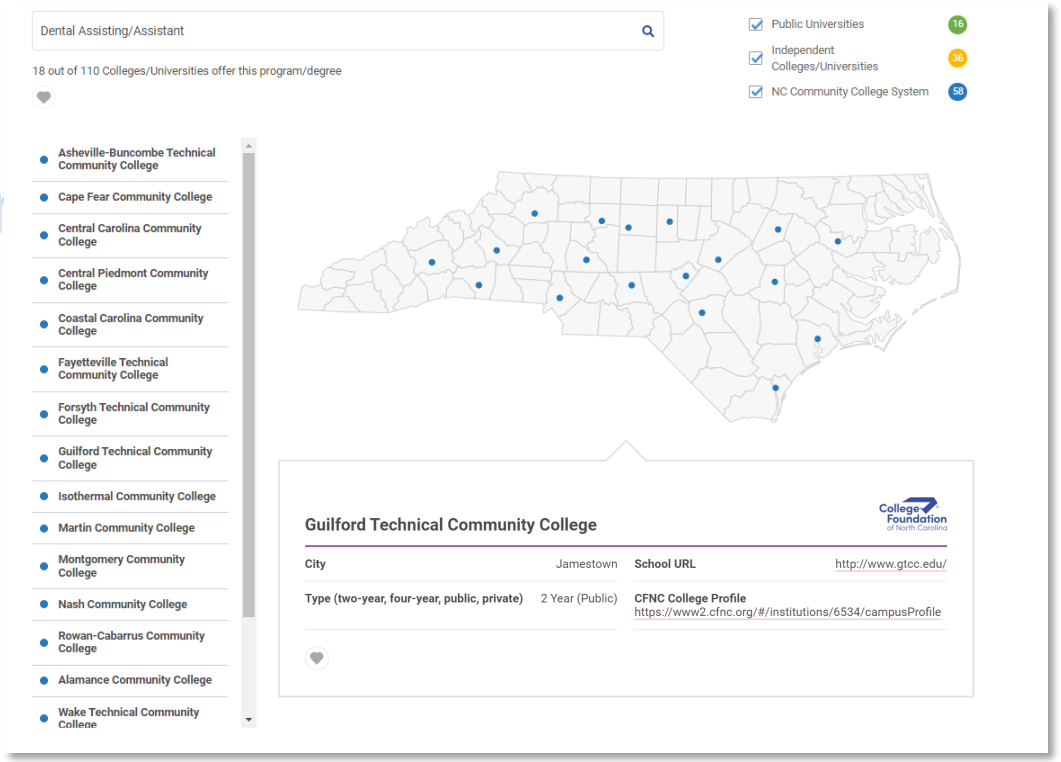
- Seven assessments
  - Skills, Values, Personality, & Interests
- Wages & demand on 800+ occupatio
- **User identified career journeys**





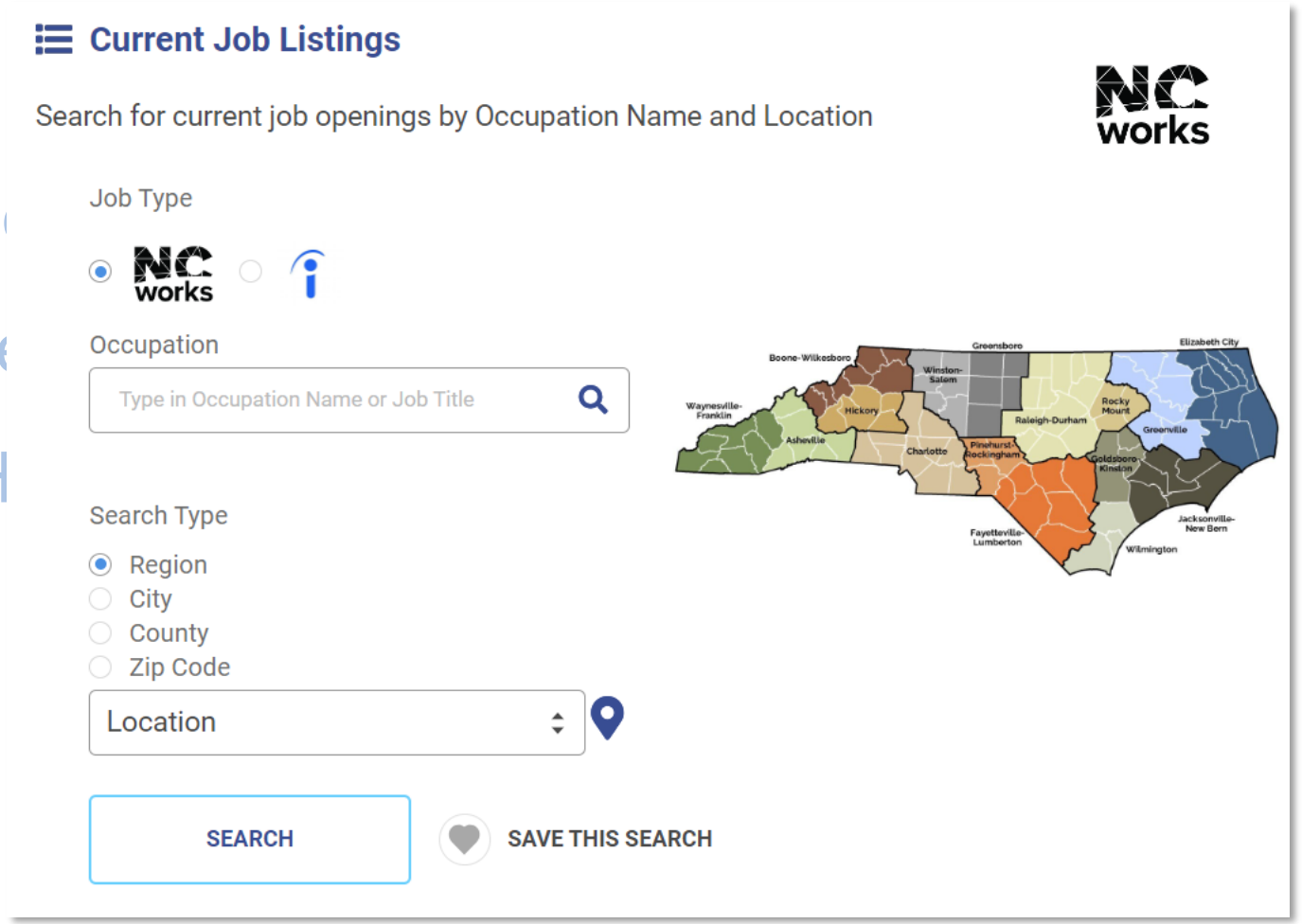
Features

- Seven assessments
  - Skills, Values, Personality, & Interests
- Wages & demand on 800+ occupation
- User identified career journeys
- Occupations linked to NC Higher Ed



Features

- Seven assessments
  - Skills, Values, Personality, &
- Wages & demand on 800+
- User identified career journe
- Occupations linked to NC H
- Explore job postings



How can I log in?

CFNC COLLEGE for NORTH CAROLINA → Free for anyone. Access to resources to plan, apply, and pay for college. Required for reporting.

NCEdCloud IAM → For students in NC's K-12 public education system.

NC works → Used by adult job seekers. Access to the state's online workforce system.

How job seekers can use NCcareers to explore options and find a path forward →



Jameis

What are my options for career advancement, and where could that take me?

From: **Kinston**

Age: **30**

Education: **BA in Management from ECU**

Experience: **Human Resource Specialist, 5 years**

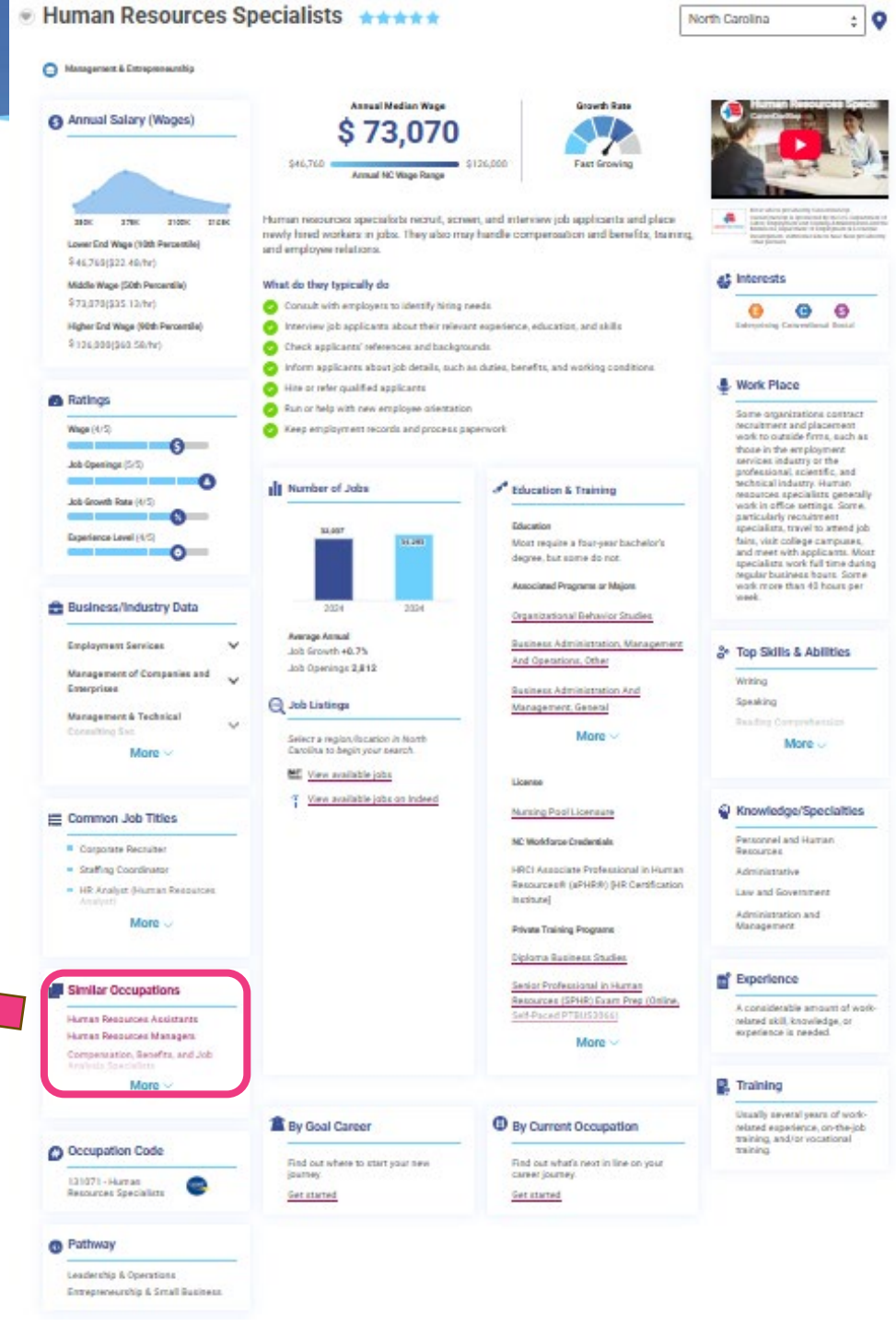
Situation: **Jameis enjoys his work in human resources but is ready to advance his career and take on more responsibility. He wants to understand potential career paths and identify opportunities that align with his experience and goals.**

NC DREAM IT. PLAN IT. BE IT. careers.org

What occupations are like mine?

Similar Occupations

- Human Resources Assistants
- Human Resources Managers
- Compensation, Benefits, and Job Analysis Specialists
- First-Line Supervisors of Office and Administrative Support Workers
- Management Analysts



NC DREAM IT. PLAN IT. BE IT. careers.org

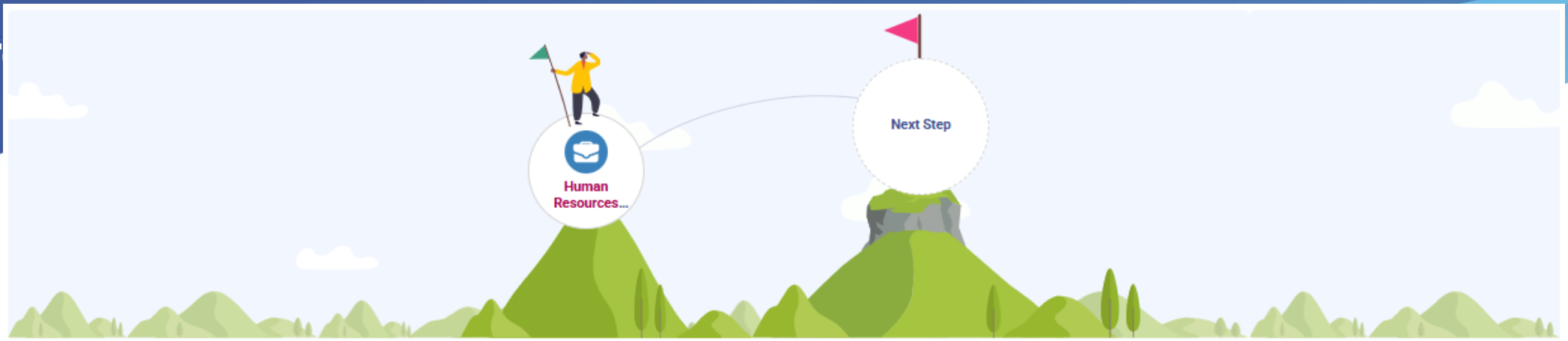
How can I advance?

By Current Occupation

Find out what's next in line on your career journey.

Get started





You are here.

Human Resources Specialists
★★★★★ Bachelor's degree

$73,070	Average Growth	Very Strong Opportunity
($35.13/hr)	0.7%	2,812

Choose your next step from the list below by dragging the Occupation into your Career Journey above.

Sort By ↓F View Options

Sort By

	Median Annual Wage	Annual Growth Rate	Avg. Annual Openings
Medical and Health Services Managers ★★★★★ Bachelor's degree	$114,410 ($55.01/hr)	Very Strong Growth 2.4%	Very Strong Opportunity 1,802
Management Analysts ★★★★★ Bachelor's degree	$98,560 ($47.38/hr)	Average Growth 0.9%	Very Strong Opportunity 2,321
Training and Development Managers ★★★★★ Bachelor's degree	$126,200 ($60.67/hr)	Slow Growth 0.6%	Average Opportunity 165



Human Resources Specialists
★★★★★ Bachelor's degree

$73,070
($35.13/hr)

Average Growth
0.7%

Very Strong Opportunity
2,812

You are here.

Training and Development Managers
★★★★★ Bachelor's degree

$126,200
($60.67/hr)

Slow Growth
0.6%

Average Opportunity
165

Choose your next step from the list below by dragging the Occupation into your Career Journey above.

Sort By ↓F View Options

Sort By

Median Annual Wage | Annual Growth Rate | Avg. Annual Openings

Data Scientists
★★★★★ Bachelor's degree

$119,090
($57.25/hr)

Very Strong Growth
2.9%

Very Strong Opportunity
979

Computer and Information Systems Managers
★★★★★ Bachelor's degree

$172,860
($83.11/hr)

Very Strong Growth
1.4%

Very Strong Opportunity
1,969

NCcareers.org DREAM IT. PLAN IT. BE IT.

Do I need additional education or training?

Education & Training

Education

Most require a four-year bachelor's degree, but some do not.

Associated Programs or Majors

Organizational Behavior Studies

Business Administration, Management And Operations, Other

Organizational Leadership

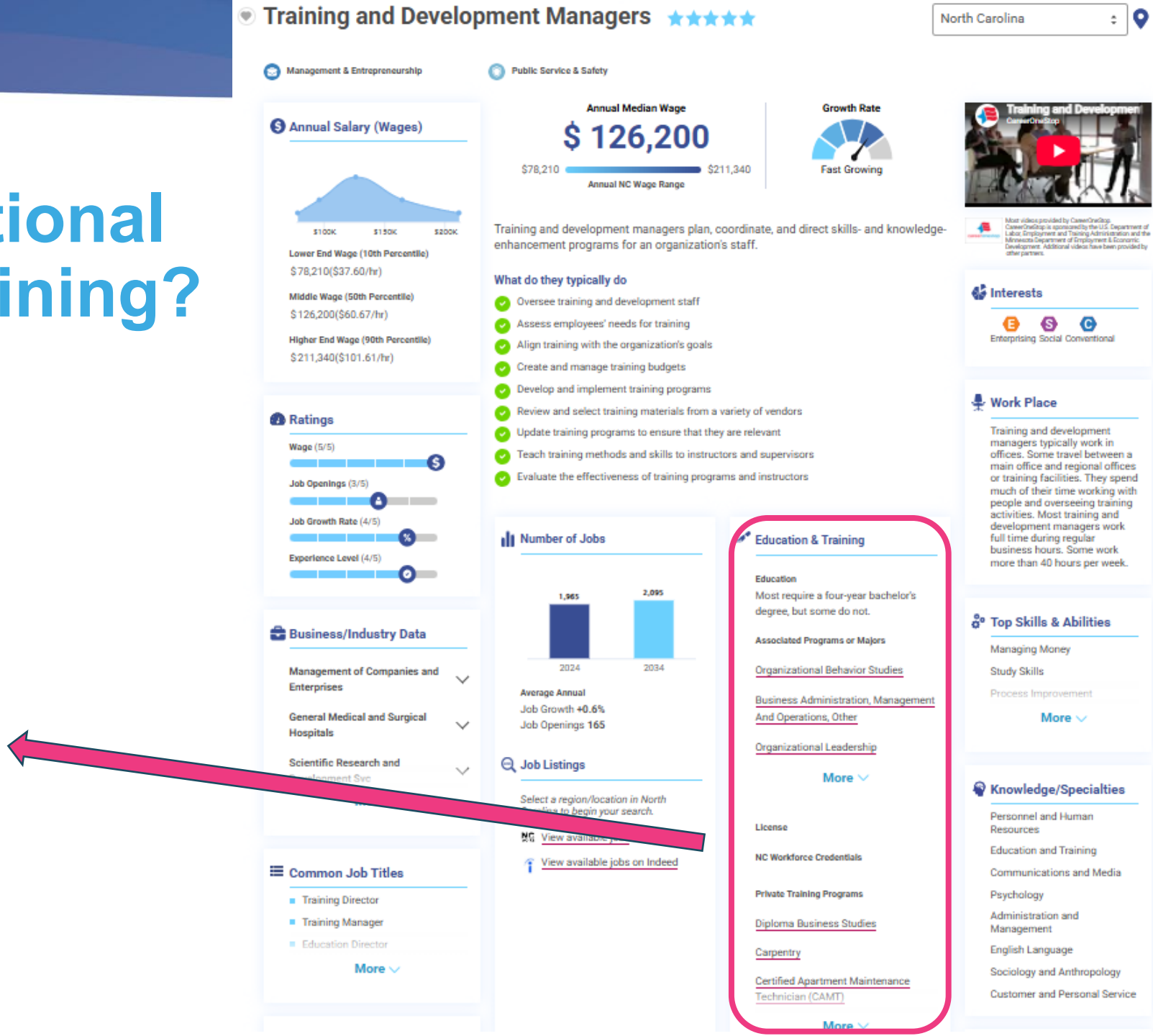
Business Administration And Management, General

Business/Commerce, General

Public Administration

Industrial And Organizational Psychology

Adult And Continuing Education Administration

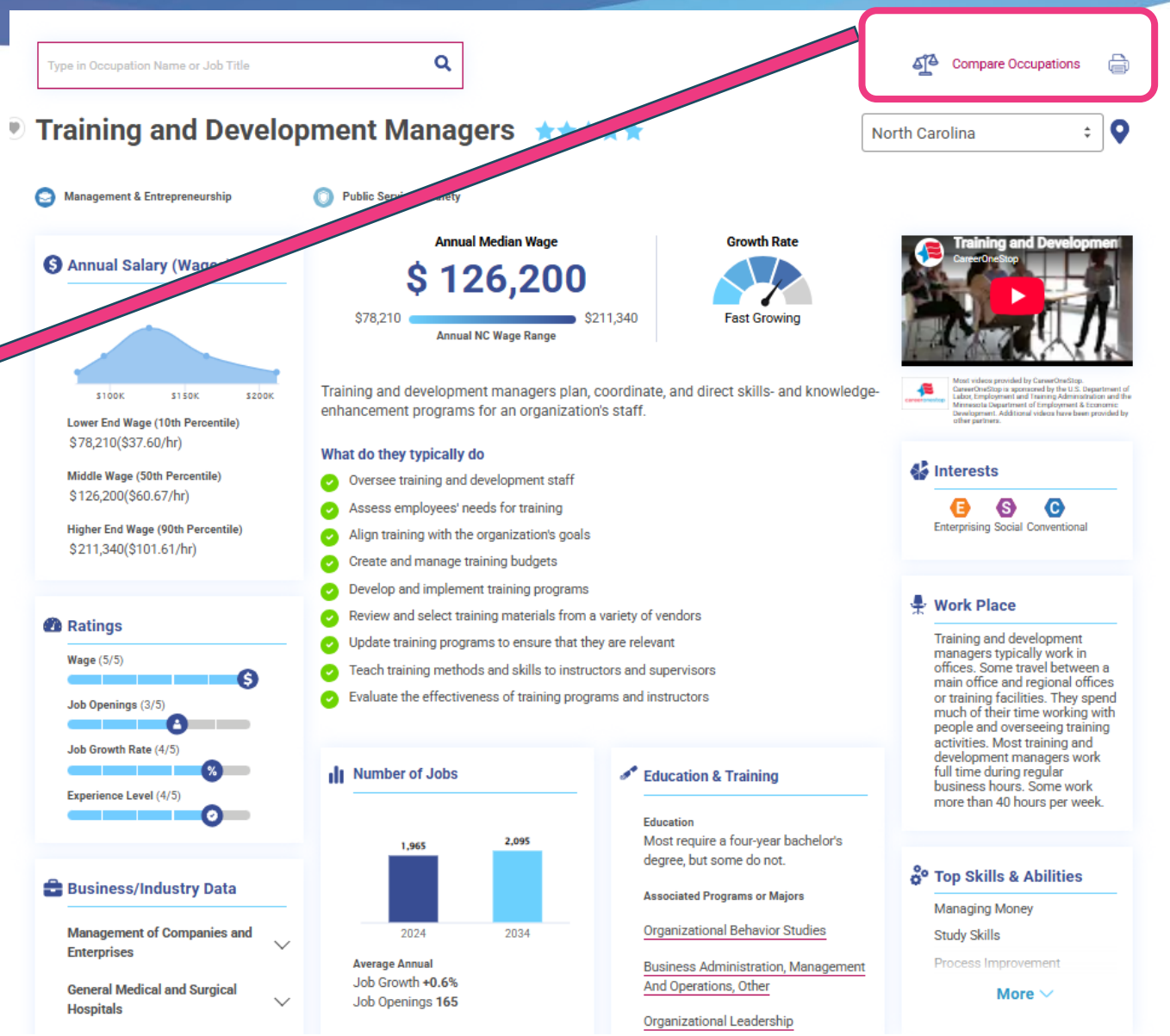


NC DREAM IT. PLAN IT. BE IT. careers.org

Can I do this anywhere else in NC?

Compare Occupations

North Carolina



Compare Occupations

Back

Select up to 3 occupations or locations to compare. Use the panel on the right to toggle between occupation comparison and location comparison.

Training and Development Managers

Goldsboro-Kinston

Star Rating: ★★★★★
Education: Bachelor's degree

Annual Median Wage
$ 104,177
$76,802 — $206,030
Annual NC Wage Range

Growth Rate
Very Fast Growing

Avg. Annual Openings
Few Opportunities
1

Interests
E Enterprising S Social C Conventional

Winston-Salem

Star Rating: ★★★★★
Education: Bachelor's degree

Annual Median Wage
$ 114,651
$78,159 — $215,277
Annual NC Wage Range

Growth Rate
Fast Growing

Avg. Annual Openings
Average Opportunity
8

Interests
E Enterprising S Social C Conventional

Raleigh-Durham

Star Rating: ★★★★★
Education: Bachelor's degree

Annual Median Wage
$ 132,065
$78,209 — $216,053
Annual NC Wage Range

Growth Rate
Fast Growing

Avg. Annual Openings
Average Opportunity
53

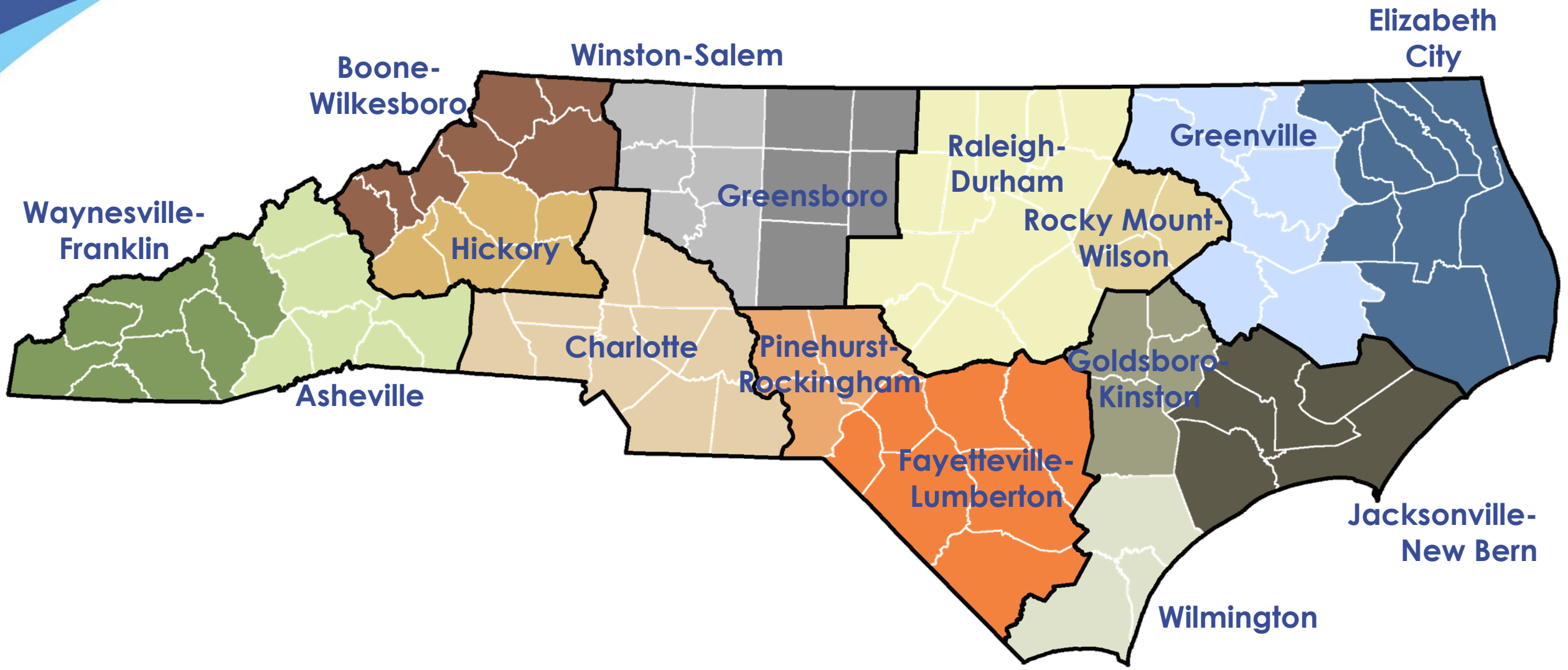
Interests
E Enterprising S Social C Conventional

By Occupation | By Location

- **Statewide**
- North Carolina
- **Western Prosperity Zone**
- Waynesville-Franklin
- Asheville
- **Southwest Prosperity Zone**
- Charlotte
- **North Central Prosperity Zone**
- Raleigh-Durham
- Rocky Mount-Wilson
- **Northeast Prosperity Zone**
- Greenville
- Elizabeth City
- **Northwest Prosperity Zone**
- Hickory
- Boone-Wilkesboro
- **Piedmont-Triad Prosperity Zone**
- Winston-Salem
- Greensboro
- **Sandhills Prosperity Zone**
- Pinehurst-Rockingham
- Fayetteville-Lumberton
- **Southeast Prosperity Zone**

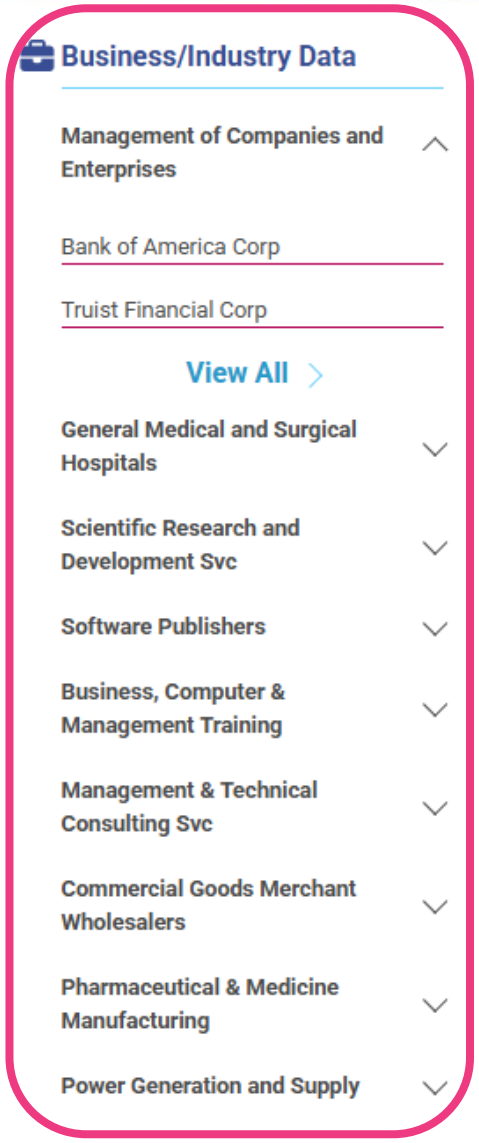
Compare by Location

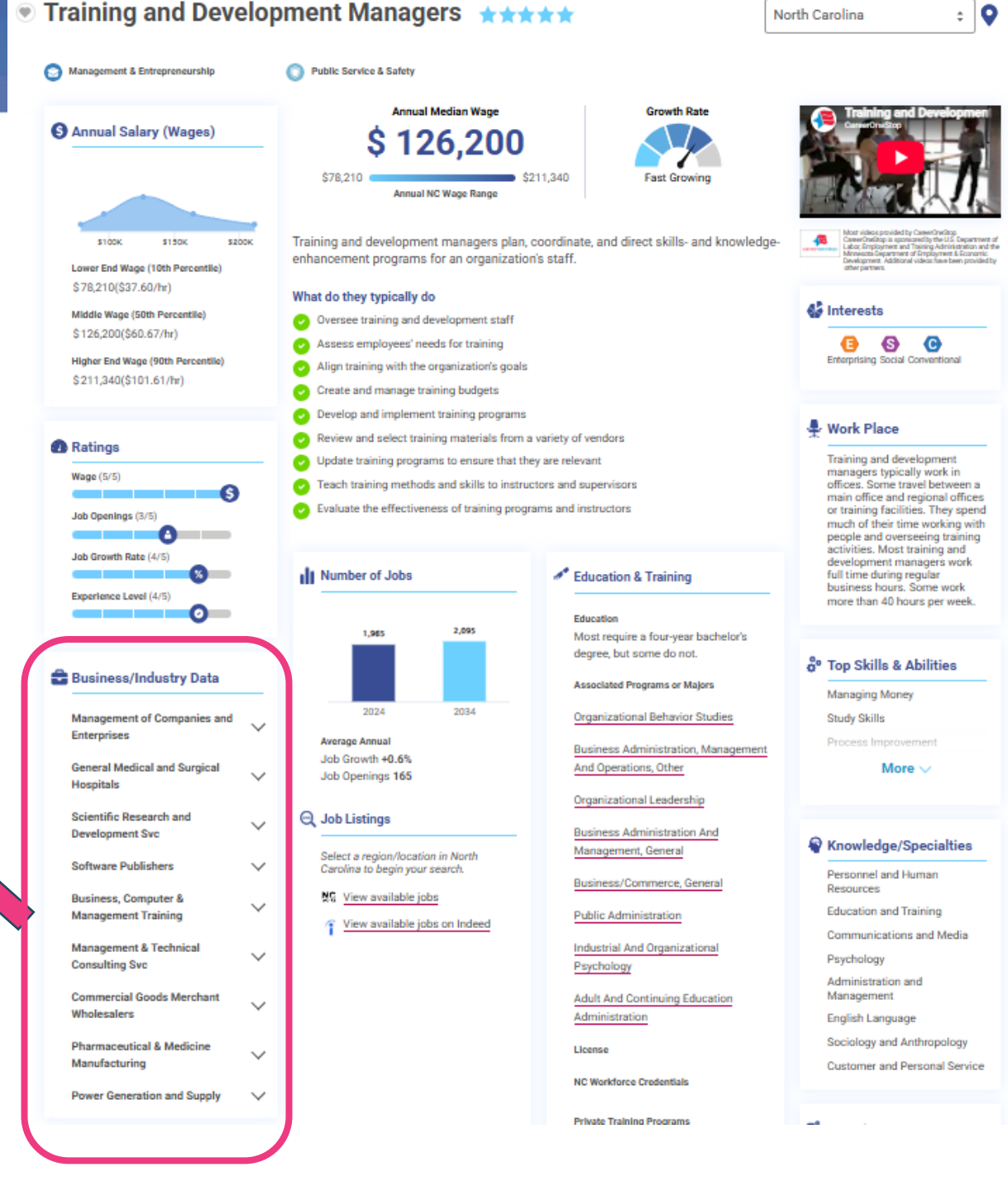
NCcareers.org DREAM IT PLAN IT BE IT



NC DREAM IT. PLAN IT. BE IT. careers.org

What industries connect to my experience?





NCcareers.org DREAM IT. PLAN IT. BE IT.

Who hires for this work?

Industries/Employers in North Carolina

Search for businesses in your area that may hire the occupation that interests you. Businesses listed on this tool do not necessarily have active job postings but may employ people working in the occupation you selected. Employer information is provided by Data Axle. Omaha, NE. © 2025 All rights reserved.

INDUSTRY

General Medical and Surgical H

OCCUPATIONS

Training and Development Man

LOCATION

- Any -

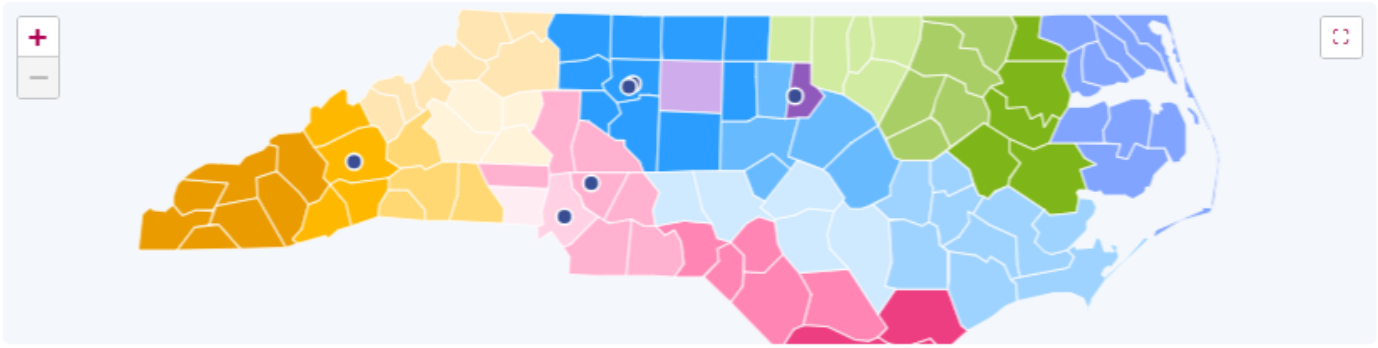
Show Map

COMPANY SIZE

- 1-50 employees
- 51-200 employees
- 201-500 employees
- 501-1000 employees
- 1000+ employees

COMPANY NAME

Type in Company Name



General Medical and Surgical Hospitals ⊗ Training and Development Managers ⊗

Sort by: Company Size (Default)

Company	Industry	Website	Address
Atrium Health Wake Forest Bapt	General Medical and Surgical Hospitals	wakehealth.edu	1 Medical Center Blvd Winston Salem, NC 27157
Mission Hospital	General Medical and Surgical Hospitals	missionhealth.org	509 Biltmore Ave Asheville, NC 28801
Novant Health Forsyth Med Ctr	General Medical and Surgical Hospitals	novanthealth.org	3333 Silas Creek Pkwy Winston Salem, NC 27103
Novant Health Presbyterian Med	General Medical and Surgical Hospitals	novanthealth.org	200 Hawthorne Ln Charlotte, NC 28204
Durham VA Medical Ctr	General Medical and Surgical Hospitals	durham.va.gov	508 Fulton St Durham, NC 27705

NCcareers.org DREAM IT PLAN IT BE IT

Turn a list of names into a next step

- ✓Work with business service reps
- ✓Check out the company website
- ✓Networking

Company	Industry	Website	Address
Atrium Health Wake Forest Bapt	General Medical and Surgical Hospitals	wakehealth.edu	1 Medical Center Blvd Winston Salem, NC 27157
Mission Hospital	General Medical and Surgical Hospitals	missionhealth.org	509 Biltmore Ave Asheville, NC 28801
Novant Health Forsyth Med Ctr	General Medical and Surgical Hospitals	novanthealth.org	3333 Silas Creek Pkwy Winston Salem, NC 27103
Novant Health Presbyterian Med	General Medical and Surgical Hospitals	novanthealth.org	200 Hawthorne Ln Charlotte, NC 28204
Durham VA Medical Ctr	General Medical and Surgical Hospitals	durham.va.gov	508 Fulton St Durham, NC 27705

Takeaways

- ✓Discovered related occupations and potential career paths
- ✓Identified steps to advance into a new role
- ✓Evaluated wages and job demand across NC regions
- ✓Found relevant industries and local employers

Connect With Us

Jamie Vaughn

Jamie.Vaughn@commerce.nc.gov

Aanchal Gupta

Aanchal.Gupta@commerce.nc.gov

@CareersInNC

@CareersInNC

Facebook.com/NCcareers.org

Sign up for our newsletter to stay up to date on NCcareers!